**TAYVIEW MEDICAL PRACTICE**

**SPRING NEWSLETTER 2017**

Welcome to the issue of our Spring 2017 newsletter. This newsletter aims to provide patients with any news, information or forthcoming events relevant to Tayview Medical Practice. Please do feel free to take a copy away with yourself.

**PUBLIC HOLIDAY DATES**

The practice will be closed on the following public holiday dates:

* **Friday 14th April 2017**
* **Monday 17th April 2017**
* **Monday 1st May 2017**
* **Monday 2nd October 2017**
* **Monday 25th December 2017**
* **Tuesday 26th December 2017**
* **Monday 1st January 2018**
* **Tuesday 2nd January 2018**

NHS 24 will be providing cover over the above dates and can be contacted by dialling 111. If you feel your medical concern is life threatening, you should dial 999.

**STAFF CHANGES AT TAYVIEW**

We would like to warmly welcome two new receptionists; Janet and Gail who joined us in January. We appreciate your patience whilst both Janet and Gail progress through their training.

**HAYFEVER**

As Spring arrives, so does hayfever for many patients. The symptoms of hayfever can include runny nose, itchy throat, sneezing, itchy and watery eyes, wheeziness and cough. These symptoms can be miserable for some so it is worth taking note of when in the year your symptoms tend to start. It is better to commence a daily antihistamine tablet a few weeks prior to your symptoms developing as this gives you the best opportunity to control your hayfever. Eye drops and nose sprays are very effective additions to the antihistamine tablet. Pharmacists are a wonderful source of advice regarding what can be purchased to combat hayfever over the counter.

**MINOR SURGERY**

Our minor surgery clinic has recommenced. Dr Goudie will be responsible for performing any minor surgical procedures. Should a GP feel you meet the criteria for minor surgery, you will be advised to arrange an appointment with Dr Goudie for review. This review allows Dr Goudie to assess your clinical situation. Should Dr Goudie agree that you meet the criteria for minor surgery, our secretarial team will contact you with an appointment to attend for minor surgery.

**dna & appointments offered 01/12/2016 to 28/02/17**

**In the last 3 months we have had a total of 99 DNA (did not attend) appointments.** Our figures regarding our DNA rate are slowly improving (Sept – Nov we had 160 DNAs) and we are grateful to our patients who phone to cancel or reschedule any appointment that is no longer required/suitable.

We also provided a total of 6569 GP appointments, 205 house calls & 828 telephone consultations:

* December – 1792 GP appointments, 89 House calls & 369 Telephone consultations
* January – 2259 GP appointments, 99 house calls & 368 telephone consultations
* February – 1960 GP appointments, 66 house calls & 313 telephone consultations

**Repeated DNA (did not attend) offenders may be removed from the Practice list. To cancel appointments please call:**

**01382 543251**

**FIFE CARER’S CENTRE**

Each month Fife Carer’s Centre holds a briefing for workers and people interested in supporting carers about the work that they do at Fife Carers Centre. The briefings aim to help those who come along understand more about carers in Fife and how they can help them to support the carers they come in to contact with in the course of their own work.  Attendees also have the chance to pick up leaflets and other information to pass onto their colleagues or carers. If any patient is interested in attending these briefings, Fifer Carer’s Centre can be contacted on 01592 205472 for further information.

**DO WE HAVE YOUR CORRECT TELEPHONE NUMBER?**

It is very important that we have an up-to-date contact telephone number for you. Please inform us of any changes as they occur. If you are unsure as to whether the number we currently have for you is correct, please ask at reception.